

PROPOSED AMMENDED COUPLES FREE DANCE TESTS

- Dance manual page 175

Item 6 : Regulations for free dance proficiency tests

Item 6 points 1-10 remain

Items 6.1-6.8 delete – refer to CERS regulations rule 3.09 for regulations on definitions and limitations

- Dance manual page 180

Item 7 : Free dance tests

Passing grade and judging requirements remain as is. The time limits and requirements change to as follows :

Bronze Medal

Time : up to 3.40 minutes

Set elements :

- One dance hold step sequence either circular or line
- One dance NO hold step sequence either circular or line
- One stationary lift

Silver Medal

Time : up to 3.40 minutes

Set elements :

- One dance hold step sequence either circular or line
- One dance NO hold step sequence either circular or line
- One stationary lift
- One rotational or combined lift

Gold Medal

Time : up to 3.40 minutes

Set elements :

- One dance hold step sequence either circular or line
- One dance NO hold step sequence either circular or line
- One stationary lift
- One rotational or combined lift
- One other lift of any choice

